# Progressa® Bed Tips

## FULLCHAIR® POSITION

***TO ACTIVATE:***

- Set the brake
- Press and hold the Chair button on the siderail or caregiver pendant* to go into the FullChair® position
- The patient deck will slightly recline backwards as the seat and lumbar sections on the mattress slightly deflate
- If the footboard is installed, when the articulation stops and a tone sounds, the bed has reached the FullChair® position

***NOTE:***

- If the footboard is not installed, the bed will proceed into Chair Egress

## CHAIR EGRESS

***TO ACTIVATE:***

- Set the brake
- Recommend removal of footboard at this point
- Press and hold the Chair button on the siderail or caregiver pendant* to go into the FullChair® position
- If the footboard is installed, the bed has reached the FullChair® position when the articulation stops and a tone sounds
- NOTE: If the footboard is not installed, the bed will proceed into the chair egress position
- Required removal of footboard at this point
- Press and hold the Chair button until the bed lowers completely
- Seat Deflate will activate to lower the patient
- Bed will beep 3 times indicating the surface is deflated
- Hold Chair again to proceed to Chair Egress position
- The bed tilts and then the knee lowers

***OPTIONAL EGRESS ASSISTANCE:***

- Hold Chair again to inflate back section for egress assist

## SIDE EXIT ASSIST

***TO ACTIVATE:***

- Raise or lower the bed so the patient's feet will be flat on the floor
- Press the Side Exit Assist button, located on head end siderail, until the indicator light turns green
- The surface will begin to inflate under the patient
- Once the patient reaches their ideal egress position, assist the patient with bed exit

***TO DEACTIVATE:***

- Press the Side Exit Assist control on the head end siderail

## BOOST® POSITIONING SYSTEM

- The Boost® Positioning System assists with the movement of the patient to the head end of the bed

***TO ACTIVATE:***

- Press and hold the Boost® control on the siderail
- The bed will transition to the Trendelenburg position
- If the bed has an air system, the mattress will go into Max Inflate for 30 minutes
- Release the Boost® control when the desired position is reached
- Reposition the patient as needed

***TIP:***

- To return to the flat position, press and hold the Bed Flat control. If the bed has an air system, press the Normal control for the surface

## CONTINUOUS LATERAL ROTATION THERAPY

- Rotation provides side-to-side Continuous Lateral Rotation Therapy (CLRT) to aid in the prevention and treatment of pulmonary complications related to immobility

***TO ACTIVATE:***

- Select Pulmonary Therapy control on the GCI
- Select Rotation
- For pre-set options, select Full, Moderate or Minimum
- For custom option, select Custom
- Set rotation direction, rotation percentage and duration
- Select either Yes or No on rotation training mode
- Select Start

## PERCUSSION & VIBRATION

- Percussion & Vibration helps loosen secretions in the lungs and helps move lung secretions for easier removal

***TO ACTIVATE:***

- Select the Pulmonary Therapy control on the GCI
- Select P & V
- For pre-set options, select High, Medium or Low
- For custom option, select Custom
- Set Percussion intensity
- Set Vibration intensity, frequency and duration
- Select Start

## MAX INFLATE

- Maximizes the firmness of the primary section of the patient surface. The bed will stay in Max Inflate for 30 minutes before returning to normal/standard state

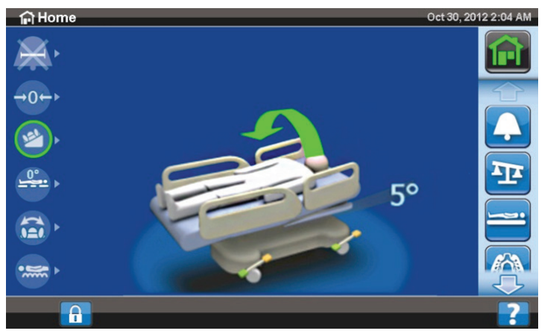
***TO ACTIVATE:***

- On the home screen, select the Surface tab
- Select Max Inflate
- Confirmation
  - On the home screen, the Max Inflate icon will be highlighted when activated

***TO DEACTIVATE:***

- Select the Surface tab on the home screen
- Select Normal
- Select the Max Inflate button on the upper side rail control

## TURN ASSIST - RIGHT




- Assists caregiver in turning the patient for linen changes, dressing changes, bed panning, back care, and other nursing procedures
  - Siderails must be in the up position to activate turn assist
  - Once turn assist is initiated, you may lower a siderail to facilitate patient care
  - The bed will alarm as a safety precaution

***TO ACTIVATE:***

- Select the Surface tab on home screen
- Select the Right Turn Assist tab (patient's right)
- Confirmation
  - On the home screen, the Right Turn Assist icon will be highlighted when active

***TO DEACTIVATE:***

- Select the Surface tab on home screen
- Select the Normal control

***FOR COMPLETE INSTRUCTIONS ON HOW TO OPERATE THE PROGRESSA® BED, SEE USER'S MANUAL.***

## BED EXIT ALARM

- The bed exit alarm will notify the caregiver of activities including:
  - Out of Bed: patient's weight shifts significantly off the frame of the bed
  - Exiting: patient moves away from the center of the bed towards an egress point
  - Position: patient moves toward either siderail or moves away from the head section, such as sitting up in bed

***TO ACTIVATE:***

- Ensure patient is centered on the bed and aligned with the hip indicator
- Select the Alarms tab
- Select the Bed Exit tab
- Select Position, Exiting or Out of Bed
- If you change your selection the GCI will arm
- The home screen will then display Bed Exit On and highlight icon

## SLEEP MODE

- Sleep Mode is used to reduce frequency of air system adjustments for patients who are sensitive to air surface movements
- After 8 hours the Normal mode reactivates

***TO ACTIVATE:***

- Press the Surface tab on the GCI
- Press the Sleep Mode control

***TO DEACTIVATE:***

- Press the Surface tab on the GCI
- Press the Normal control

## ZERO/NEW PATIENT

***TO ACTIVATE:***

- Make sure the patient is not in bed
- Put bed in required position
- Press the Scale control on the GCI
- Press Zero

***PRESS: NEW PATIENT***

- Erases Scale History
- Zeroes the scale
- Returns surface to Normal mode
- Turns off RemindMe reminders

***PRESS: ZERO***

- Does not erase Scale History
- Zeroes to scale

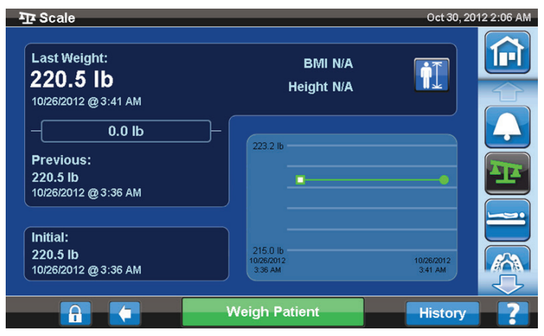
## PATIENT COMFORT

- Adjust the firmness of the surface to meet the comfort levels of the patient

***TO ACTIVATE:***

- Press the Surface tab
- Press the Patient Comfort tab
- Use the Comfort Adjustment controls to change the pressure in the head, seat, and heal section of the mattress
  - To increase the pressure, press the Up arrow
  - To decrease the pressure, press the Down arrow

## USING THE SCALE (NON OIML)




***TO ZERO THE SCALE:***

- Make sure the patient is not in the bed
- Press the Scale tab
- Press Zero the Bed and follow on-screen instructions

***TO WEIGH THE PATIENT:***

- Make sure the patient is in the center of the bed
- Press the Scale tab
- Press Weigh Patient and follow on-screen instructions
- You will be prompted to put the bed into the recommended position
- 'Green' screen indicates recommended position is achieved
- Press Continue
- Note: You can weigh the patient if the bed is not in recommended position
- You will be prompted to remove all items hanging on the bed frame
- Once patient is weighed, press Accept to move on or Re-weigh to redo the weighing process

## PATIENT HISTORY

***TO VIEW PATIENT HISTORY:***

- Press the Preference tab on the GCI
- Press History
- Select the desired history to display:
  - Head Angle: Time spent with the head of bed more than 30° or 45° since 12am
  - Bed Exit: Time spent with the Bed Exit alarm ON
  - Scale: Weight increase or decrease in 24-hour periods
  - Rotation: The maximum number of cycle/hour the patient has rotated and Hrs: Mins in rotation, in 24 hours
  - P & V: The number of treatments provided per 24-hour period
  - OPTI-REST™: Time spent in OPTI-REST mode since 12am
  - Chair: Time spent in Chair position since 12am

## WEIGHT HISTORY

***TO VIEW THE WEIGHT HISTORY:***

- Press Scale tab
- Press History tab
- Icons will provide information based on:
  - Initial weight
  - Weight taken in recommended position
  - Weight taken in non-recommended position

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